

Mahalle Toe Up Sock

Designed for Gusto Wool

“Mahalle” means “neighborhood” in Turkish. This traditional toe up sock has been knit in Turkish families for generations, taught from the time a child can first manage the 4 to 5 DPNs used. Toe up socks are perfect to fit the foot length as you knit. The leg can be as long as you have yarn, so no running out at the end.

Materials: 1 skein Gusto Carmen, Nokta, Echoes or Core, shown in Echoes #1507 (in the next photo)

Sizes: 1, 2, 3, 4 with 7 (8, 9, 10)“ / 18 (20.5, 23, 25.5) cm foot length. 3 (3.25, 3.5, 3.75)“ / 7.5 (8, 8.5, 9) cm at widest point on foot, each size .25“/.5 cm wider at calf. US shoe size: 1=4-6.5, 2=7-9.5 3=10-12.5, 4=12-14. Total length of sock approx. 20 (19, 18, 17)“ / 51 (48, 46, 43) cm from toe to top of cuff.

Needles: US 1 / 2.25 mm 9" circular needle, or 4-5 DPNs, US 0 / 2 mm 9" circular needle or 4-5 DPNs for a narrower 2x2 rib cuff if desired

Notions: Stitch markers, small stitch holder, tapestry needle

Gauge: 34 sts x 44 rounds in Stockinette stitch = 4" / 10 cm with US 1 / 2.25 mm needles

Skill Level: Intermediate

Techniques: Stockinette stitch, Turkish figure-8 cast on, Turkish heel flap, increasing

GUSTO WOOL



Abbreviations:

CO – Cast on

Cont – Continue

DPNs – Double pointed needles

Inc – Increase

K – Knit

K2tog – Knit 2 stitches together

M1l – Make one single left-leaning knit increase

M1r – Make one single right-leaning knit increase

P – Purl

P2tog – Purl two stitches together

PM – Place marker

Rep – Repeat

RS – Right side

Sl – Slip

SM – Slip marker

Sts – Stitches

WS – Wrong side

Construction Notes:

Turkish socks are worked in a single needle size for both Rib and Stockinette stitches, but a one size smaller needle can be used for the rib for a more tailored fit.

Socks are knit in the round from the toe up on a set of DPNs for the Toe and Heel Flap. The Foot, Leg and Rib Cuff can be worked on either DPNs or 9" circular needles.

The toe cast on is a traditional Turkish Figure-8 Cast On, which has no seam at the edge of the toes. The foot is knit in the round, in stockinette stitch.

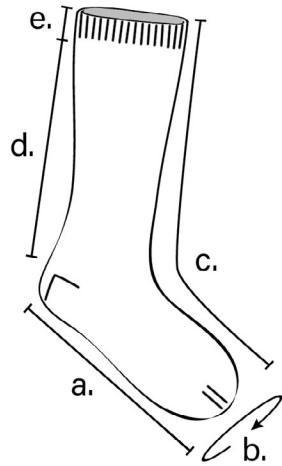
The Heel is turned using three DPNs knit flat back and forth in short rows to maintain the striping more consistently.

Leg stitches are picked up and increased by 4 sts after the Heel Flap/Turn Heel sections for a slightly wider leg, again worked in the round, and finished with a 2x2 rib.



Shown in Nokta #1211

Schematic:



The leg lengths get shorter as size stitch counts get larger. If a longer leg is preferred, consider having a second skein for the larger sizes.

size	1	2	3	4
a. sock foot length	7" / 18 cm	8" / 20.5 cm	9" / 23 cm	10" / 25.5 cm
b. sock foot circumference	6" / 15 cm	6.5" / 16.5 cm	7" / 18 cm	7.5" / 19 cm
c. total sock length	20" / 51 cm	19" / 48 cm	18" / 46 cm	17" / 43 cm
d. leg length from heel to cuff	9.5" / 24 cm	7.5" / 19 cm	5.5" / 14 cm	3.5" / 9 cm
e. cuff height	3.5" / 9 cm	3.5" / 9 cm	3.5" / 9 cm	3.5" / 9 cm



Shown in Echoes #1503



Pattern:

Toe Box

Turkish Figure-8 CO:

With 2 DPNs held parallel, place the yarn end between the needles, leaving at least 4" / 10 cm to the back.

Make a Figure-8 wrap: working yarn end down and in front of the bottom DPN, around and between the 2 needles, in front and over the top needle, then back between the 2 needles; repeat until there are 8 wraps per needle, ending with the working yarn down around the bottom needle and held behind.

Slide the top needle sts within about ½" / 1.25 cm from the end, and the bottom needle sts in the middle, all held in place with one hand, needles close together. With a 3rd DPN in the other hand, knit the 8 sts on the top needle, keeping the sts as tight as possible. Turn so bottom needle is on top, working yarn coming from below and behind. Knit these 8 sts.

Repeat this 3-needle process, knitting the 8 sts on top needle, then turning to knit the remaining 8 sts.

Round 1: Knit 8 sts on top needle. This time, with a 3rd DPN, m1r and m1l from the gap in between the original 2 needles and knit these 2 sts. With another DPN, knit the 2nd set of 8 sts. With a 4th DPN, m1r and m1l from the gap on the 4th side and knit these 2 sts. There are now 4 needles in work: 8 sts, 2 sts, 8 sts, and 2 sts.

Round 2: With the 5th DPN, knit a round leaving all sts on the 4 needles as placed.

Redistribute sts as necessary as you knit the following round:

Round 3: 1st needle (top/instep): m1l, k8, m1r (10 sts), 2nd needle (side): k2, 3rd needle (sole): m1l, k8, m1r (10 sts), 4th needle (side): k2. (24 sts total)

Toe shaping - Knit in the Round

Note: Needles 1 and 3 (top/instep and sole) will each have 1 st each end added. Needles 2 and 4 (sides) will remain with 2 sts each. PM to denote EOR.

Round 1 and all odd rows through 19: Knit.

Round 2: M1l, k10, m1r, k2, m1l, k10, m1r, k2. (28 sts)

Round 4: M1l, k12, m1r, k2, m1l, k12, m1r, k2. (32 sts)

Round 6: M1l, k14, m1r, k2, m1l, k14, m1r, k2. (36 sts)

Rounds 8-20: Cont in pattern rounds as presented above increasing 2 stitches on either end of needles 1 and 3 to add a total of four stitches on each even row until there are 22 (24, 26) sts each on needles 1 and 3, and 2 sts each on needles 2 and 4. 60 (64, 68) sts

Toe Box to Heel - Knit in the Round

Redistribute sts evenly on the DPNs or on the circular needle and rep rounds knitting all sts until work measures 6 (7, 8, 9)" / 15.25 (17.75, 20.25, 23) cm from cast on.



Shown in Nokta #1215

Short Row Heel Flap - Worked Flat

Rearrange the sts so that the center 34 (38, 41, 44) top/instep sts are reserved on the circular needle, on a stitch holder or reserve needle, using point protectors to keep the sts in place. Make sure to knit until the end of these stitches so that the working yarn is ready to work the Heel Flap, which is worked **only** over the remaining 30 (34, 37, 40) sole sts with 2 DPNs.

Row 1 (RS): Knit 30 (34, 37, 40), turn work.

Row 2 (WS): Purl 30 (34, 37, 40), turn work.

Rep **Rows 1-2** until heel flap measures 2" / 5 cm for all sizes, ending on a WS row.



Shown in Echoes #1511

Turn Heel

Divide these sts on three DPNs, as follows: left hand needle 10 (11, 12, 13), center (working) needle 10 (12, 13, 14), right hand needle 10 (11, 12, 13). The 2nd or center needle is the working needle when turning the heel, therefore work the following rows on the center needle and incorporate stitches from side needles 1 and 3 as indicated:

Set-up: Knit across the right-hand needle stitches to get to the center (working) needle.

Row 1 (RS): Knit until 1 st remains on working needle, k2tog using the remaining st on the working needle and the first st on side holding needle. *Turn work*

Row 2 (WS): Purl until 1 st remains on working needle. P2tog using the remaining st on the working needle and the first st on other side holding needle. *Turn work*

Cont until all 30 (34, 37, 40) sts have been worked on these three needles.

Leg - Knit in the Round

Transition the live 10 (12, 13, 14) sts, picking up 12 (13, 14, 15) sts on each side of the heel flap as you come to them, to a 9" / 23 cm circular needle, along with the reserved 34 (38, 41, 44) top/instep sts.
4 sts inc, 68 (76, 82, 88) sts

Knit in the round until the Leg measures about 16.5 (15.5, 14.5, 13.5)" / 42 cm from the start of the sock.

2 x 2 Rib Cuff

Cuff Round: *K2, p2*, rep bet * to EOR.

Repeat Cuff Round until the desired cuff length is reached. Suggested length 3.5" / 9 cm for all sizes.

BO all sts in pattern using a stretchy rib BO.

Finishing:

Using tapestry needle, weave in ends.



Shown in Carmen #1407



Shown in Nokta #1210



Shown in Echoes #1517